



Nathan Fitton, DO, CAQ-SM is a board-certified, fellowship trained sports medicine clinician who's been providing care at MSU Health Care Sports Medicine and Orthopedic Center since 2017. A graduate of the College of Osteopathic Medicine at MSU, Dr. Fitton completed his Family Practice residency with Metro Health Hospital in Grand Rapids, where he was appointed chief resident his last year of residency. Dr. Fitton completed his fellowship training in Sports Medicine through Sparrow/MSU.

As an area native, Dr. Fitton grew up in the Greater Lansing community, graduating from Potterville High School. As part of his training, he has covered several types of sports events across the state: from high school and college football to AHL Hockey and international running events, to serving as a head team physician of MSU varsity athletics, specifically Women's Basketball and Men's Wrestling. He is also an Assistant Professor at MSU College of Osteopathic Medicine and is actively involved in teaching the medical students.

Specialty

Primary Care Sports Medicine

Clinical Interests

Athletic and overuse injuries
Joint pain
Injury rehabilitation and prevention

Medical Degree

MSU College of Osteopathic Medicine, East Lansing, MI

Residency

Family Practice Residency, Sports Medicine Track, Metro Health Hospital, Grand Rapids, MI

Fellowship

Sports Medicine, MSU/Sparrow Hospital, East Lansing, MI

Certification

Family Medicine with CAQ in Sports Medicine

Affiliations

Sparrow Health System

SPORTS MEDICINE & ORTHOPEDIC CENTER

Conditions Treated

Non-operative musculoskeletal injuries
Running medicine
Cross-Fit medicine
Ultrasound-guided joint injections
OMM
Viscosupplementation
(seldom prescribe narcotics)

Clinic Information

Sports Medicine & Orthopedic Center
4660 S. Hagadorn Rd, Ste 420
East Lansing, MI 48823
517-884-6100
sportsmed.msu.edu

Hours

Monday through Friday
8:00 a.m. – 5:00 p.m.
Saturday*
8:00 a.m. – 11:00 a.m.

**Held during spring and fall athletic seasons with onsite x-ray services. Visit our website for exact dates.*